



 **LIFE FITNESS**
FAMILY OF BRANDS

WHAT'S NEW



**WHAT'S NEW IN
PLATE LOADED**

**HAMMER
STRENGTH**

Plate-Loaded Belt Squat



Hammer Strength Plate-Loaded Glute Drive



Wednesday CINDY
A&P 20 Min
5 P.M.
10 P.M.
15 Spots
Tue 17th
Chase 100
Sun 15th
Jude 100
Tue 17th
Tue 17th
Tue 17th

**HAMMER
STRENGTH**

HD Air Bike

MPIONS



Hammer Performance Treadmill



**HAMMER
STRENGTH**

HD Sparc



Insignia Glute Bridge



www.lifefitness.hu | www.fitconcept.hu

LIFE FITNESS MAGYARORSZÁG

FitConcept Kft. - a Life Fitness hivatalos képviselője

FB: Life Fitness Magyarország - Fitconcept



LifeFitness

**HAMMER
STRENGTH**

 **fitconcept**