

LifeFitness



NEW PRODUCTS
2024

INSIGNIA SERIES

HIP ABDUCTOR /
ADDUCTOR



DUAL AXIS
CHEST PRESS



DUAL AXIS
PULLDOWN



ARC
LEG PRESS



ABDOMINAL
ADVANCED



HAMMER STRENGTH®



ASSISTED
NORDIC HAM



PLATE-
LOADED
HACK SQUAT



GLUTE HAM
REVERSE
HYPER
COMBO

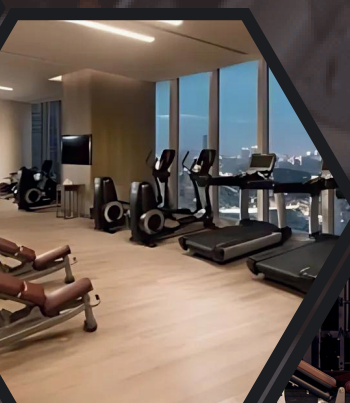


DUAL
ADJUSTABLE
PULLEY

LifeFitness

BENCHES

MULTI-ADJUSTABLE BENCH



SYMBIO™



**ELLIPTICAL
TRAINER**



It uses advanced biomechanical elliptical motion and incline adjustment to ensure natural movement and target specific muscle groups.



RUNNER™



Feel the deck firmness change beneath your feet for an immersive, sensory experience.



SYMBIO™



SWITCHCYCLE™

A single bike that allows
exercise both in and out of
the saddle



**RECUMBENT
CYCLE**



ULTRA LOW STEP OVER



Optimal accessibility for all
users





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S Y M B I O [™]

**HAMMER
STRENGTH[®]**